Accessible Therapy for Every Budget!

We thank our partners at Fernweh Wellness for helping make affordable mental health support available to PH patients and families across Canada.

Low-cost therapy with Masters Level Interns

Clients can access therapy with Masters Level Interns, Kayla & Candice, for $45 for ongoing sessions after a free 15 minute new client connection call and free 50 minute intake session. There will also be a few select pro-bono (free) spots available.

Email **hello@fernwehwellness.com**

Sliding Scale Psychology Services

**Available to clients in Alberta, Nova Scotia & New Brunswick*

Clients can access counselling and psychology services with our Provisional Psychologist for $150 for a 50-minute session. This is a significant reduction in cost, current rates in Alberta for example are $225.

Book With Nathalia Now

Sliding Scale Counselling + Psychotherapy Services

**Not available in Quebec*

Clients can access sliding scale fees with several clinicians for reduced fee sessions as low as $60. Note each therapists sliding scale and designations are a bit different and is subject to availability. There is no proof required to obtain a sliding scale spot.



Jen Den Ouden

Session Types: Phone, Chat, Video + In Person Sessions in Edmonton, AB

Offers EMDR, Individual + Couples Therapy

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Duy Nguyen

Session Types: Phone, Chat, Video + In Person Sessions in Calgary, AB

Offers EMDR, Individual + Couples Therapy

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Lauren-Simone Giddy

Session Types: Phone, Chat, Video + In Person Sessions in Calgary, AB

Individual + Couples Therapy

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Emily Berriman

Session Types: Phone, Chat, Video

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Sandy He

Session Types: Phone, Chat, Video

Offers EMDR, Individual Therapy

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