

2025
PH
COMMUNITY
CONFERENCE
CONFÉRENCE
COMMUNAUTAIRE
SUR L'HTP
September 11-13 septembre
TORONTO
DRIVING CHANGE, INSPIRING HOPE

THE PULMONARY HYPERTENSION
ASSOCIATION OF CANADA PRESENTS

THE PULMONARY
HYPERTENSION
COMMUNITY
CONFERENCE



2025
CONFERENCE PROGRAM

THURSDAY - SATURDAY
September 11-13

TORONTO, ON



Land Acknowledgment

We acknowledge that the 2025 PH Community Conference is taking place on the traditional territories of many nations, including the Mississaugas of the Credit, the Anishnabeg, the Chippewa, the Haudenosaunee, and the Wendat peoples, and is now home to many diverse First Nations, Inuit, and Métis peoples.

Toronto is covered by Treaty 13 with the Mississaugas of the Credit and the Williams Treaties.

As we gather here to learn, share, and build community, we do so with deep respect for the original caretakers of this land and with a commitment to reconciliation, inclusion, and meaningful action.

Welcome to the 2025 PH Community Conference



Welcome

On behalf of the Pulmonary Hypertension Association of Canada, we are delighted to welcome you to the 2025 PH Community Conference. This year's theme, **Driving Change, Inspiring Hope**, reflects both the progress we've made together and the determination that continues to guide our community forward.

Whether you are a person living with pulmonary hypertension, a caregiver, a medical professional, or a researcher, you play a vital role in shaping the future of PH care and advocacy. This conference is a space where knowledge, lived experience, and innovation come together—reminding us that real change is only possible when all voices are heard and valued.

We invite you to take full advantage of this time—ask questions, share your experiences, and be inspired. Together, we are not only driving change in healthcare, policy, and research but also building hope in the hearts of patients, families, and care teams across Canada.

Thank you for being here and for being part of this important journey. We wish you a meaningful and uplifting conference experience.

With gratitude,

Joan Paulin, Board Chair & Jamie Myrah, Executive Director

Conference at a Glance

Thursday, September 11th

**by invitation only*

Time	Event	Room
7:30-12:00 pm	*Canadian PH Trials Network Meeting	Muskoka II & III
7:30-5:00 pm	*Canadian PH Professionals Network Meeting	Niagara
12:00-5:00 pm	*National PH Medical Think Tank	Muskoka II & III
6:30-8:30 pm	*National PH Medical Think Tank Dinner	Chop Steakhouse

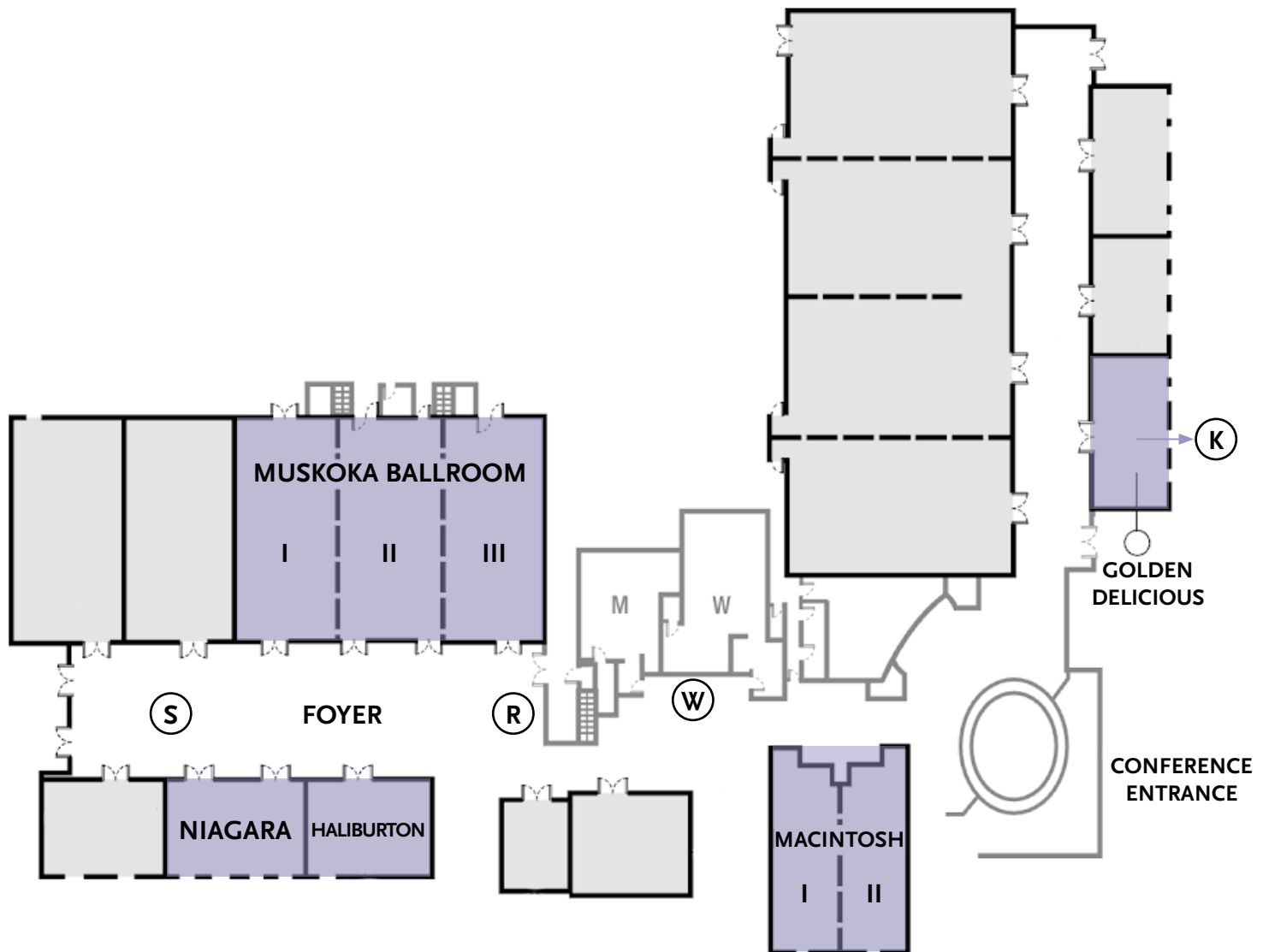
Friday, September 12th

7:00-5:00 pm	*National PH Medical Think Tank	Muskoka II & III
6:30-8:30 pm	Welcome Reception	Muskoka Ballroom

Saturday, September 13th

8:00-9:00 am	Breakfast & Registration	Foyer
9:00-10:15 am	Opening Plenary	Muskoka Ballroom
10:15-10:30 am	Break	Foyer
10:30-11:15 am	Break Out Sessions	Multiple Rooms
11:15-11:30 am	Break	Foyer
11:30-12:15 pm	Break Out Sessions	Multiple Rooms
12:15-1:30 pm	Lunch	Foyer
1:30-2:15 pm	Break Out Sessions	Multiple Rooms
2:15-2:45 pm	Break	Foyer
2:45-4:30 pm	Closing Plenary	Muskoka Ballroom

Conference Floor Plan



- | | |
|---|------------------|
| S | Store & Exhibits |
| R | Registration |
| W | Washrooms |
| K | Kids Room |

The Canadian Pulmonary Hypertension Trials Network

The Canadian Pulmonary Hypertension Trials Network (CaPH-Net) is a national research network uniting clinicians, researchers, trainees, and patients in partnership with PHA Canada. Designed to address the need for stronger collaboration and patient engagement in PH research, CaPH-Net supports the development and coordination of investigator-driven clinical trials in Canada and internationally. The network provides PH centres of excellence with resources for trial start-up, strengthens grant and protocol development through peer review, and fosters mentorship and capacity building. By enhancing collaboration, resource sharing, and stakeholder engagement, CaPH-Net is working to accelerate innovation and improve outcomes for people living with PH in Canada and beyond.

Thursday, September 11 – 7:30 am – 12:00 pm

Location: Muskoka II-III

CRAVE Trial: Right Heart Failure Through the Patient Lens

CaPH-Net provides a forum for patient partners to contribute to the conceptualization and structure of new research. In 2023, patient partners' were involved in the planning of the CRAVE trial. Their participation in the trial planning meeting and their input into trial design and conduct brought critical perspectives that would have been impossible to capture through traditional ways of doing clinical trials.



The Canadian PH Professionals Network (CPHPN) brings together nurses and allied health professionals dedicated to improving care for people living with pulmonary hypertension and their caregivers. Through leadership, education, and professional development, CPHPN provides a national forum to advance best practices, share knowledge and resources, extend collegial support, and foster mentorship. The network also promotes collaboration on research and practice issues while working closely with PHA Canada to strengthen care and support for the PH community.

Thursday, September 11 – 7:30 am – 5:00 pm

Meals: sponsored by Janssen and Merck

Location: Niagara

CPHPN Executive

Co-Chairs – Gail Nicholson & Andrea Gardner

Treasurer - Carolyn Pugliese

Secretary – Kelly Kerwin

Sponsors

GOLD

Johnson & Johnson



MERCK

BRONZE



Specialty
Health Network
by SHOPPERS



**United
Therapeutics**
C O R P O R A T I O N

National PH Medical Think Tank

The **6th National PH Medical Think Tank & Scientific Sessions** is a two-day national forum that brings together physicians, nurses, allied health providers, researchers, and trainees to advance pulmonary hypertension (PH) care.. The event promotes collaboration through discussions on the latest research, emerging treatments, and best practices in patient care. By fostering interdisciplinary exchange, the Think Tank advances knowledge and supports innovation to improve outcomes for people living with PH.

Two-day program:

Thursday, September 11 – 12:00 pm – 5:00 pm

Meals: Lunch sponsored by Merck

Friday, September 12 – 7:00 am – 5:00 pm

Meals: Breakfast sponsored by Gossamer Bio and Liquidia; lunch sponsored by Janssen and Shoppers

Location: Muskoka II-III

Ticketed dinner event:

Thursday, September 11 – 6:30 pm – 8:30 pm

PH Medical Think Tank Program Committee

Dr. John Granton, Committee Chair
Dr. Angela Bates
Dr. George Chandy
Andrea Gardner, RN

Dr. Paul Hernandez
Lisa Kolkman, NP
Dr. Luc Mertens
Janette Reyes, NP

Exhibits

Explore two unique exhibits featured at this year's Think Tank:

Eitan: Drug delivery and infusion pump solutions across the continuum of care- from the hospital to the home.

ProResp: The largest independent Canadian owned provider of community respiratory therapy.

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SUPPORTERS



Patient & Family Symposium

The **PH Patient & Family Symposium** brings together patients, caregivers, families, and medical professionals from across the country to learn, share, and connect. The symposium offers education on the latest research and treatments, practical tools for living with PH, and opportunities to build meaningful connections within the PH community.

Welcome Reception:

Friday, September 12 – 6:30 pm – 8:30 pm

Patient & Family Symposium:

Saturday, September 13 – 8:00 am – 4:30 pm

Meals: Breakfast sponsored by Gossamer Bio and lunch sponsored by Janssen

Location: Various, see symposium agenda

Symposium Program Committee

Wendy Bedard
Angele Belliveau
Jennifer Bryson

Allison Feenstra
Jas James
Brooke Paulin

Janette Reyes, NP
Whitney Roth
Beth Slaunwhite

Event Volunteers

Sonya Collins
Carys Dempsey
Paisley Dempsey
Janet Flynn
Andrea Gardner
Jas James
Edna Appiah-Kubi
John Malcolmson

Katie MacDonald
Cynthia Neilson
Clare Neilson
Brooke Paulin
Joan Paulin
John Pettifor
Mike Pohanka
Janette Reyes

Bob Roth
Marion Roth
Whitney Roth
Allison Shaw
Connie Sherba
Beth Slaunwhite
Jess Stiles

PHAware Podcast



We are pleased to once again welcome PHAware to record interviews with the Canadian PH community.

Sponsors

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McKESSON

SUPPORTERS



Liquidia



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Health Network**
by SHOPPERS

In-Kind Support

We are pleased to offer on-site oxygen support for attendees, thanks to our partnership with ProResp.



Fundraising Raffle & Auction

Don't Miss Our Fundraising Raffle!

Ready to win big and support the PH community? Join our fundraising raffle and get the chance to take home amazing prizes — all while helping raise funds for PHA Canada!

Friday, September 12 – 6:30 pm – 8:30 pm

Location: Muskoka Ballroom

Purchase your raffle tickets at the event and drop them in the bag for the prize you'd like to win. All prizes will be drawn live at 8:00 pm, and you must be in the room to claim your prize!

Ticket Prices

1 for \$2 | 3 for \$5 | 7 for \$10

Fabulous Raffle Prizes Up for Grabs, including:

Art Gallery of Ontario – 2 admission passes
BATL Grounds – 1 free hour at a venue of your choice
Farm Boy – Gift basket
Kitchen Envy – Must-have kitchen products
Purdys Chocolatier – Chocolate lover's dream basket
PWHL Toronto Sceptors – 2 free tickets to a game
Royal Ontario Museum – 4 tickets
Sheraton Airport Hotel – 1-night stay for two
And more....

Auction

Want something even more exciting? Get in on our auction for a chance to win a coveted collectable from the Toronto Blue Jays or the Toronto Football Club!

Eternal PHriend Recognition



Eternal PHriends

In 2018, PHA Canada established the “Eternal PHriend” title to honour individuals whose dedication has been vital in uniting Canada’s PH community. This year, we are proud to recognize Nicole Dempsey with this distinguished honour.



Nicole Dempsey

“Nicole is a highly deserving recipient of the honour of Eternal PHriend of PHA Canada. When Founding Director and fellow Eternal PHriend Dr. Sanjay Mehta nominated Nicole, he remarked that her strength has always been her deep connection to other patients and caregivers in Canada and internationally. I have witnessed how those connections have helped Nicole find her voice and speak up for herself and others. Whether advocating for improved access to treatments, educating healthcare professionals, or being the first person living with PH to serve as PHA Canada Board Chair, Nicole always ensures the needs of patients and caregivers are at the forefront.”

Jamie Myrah, Executive Director

We are honoured to name Nicole Dempsey as an Eternal PHriend of PHA Canada.

The 6-Minute Walk for Breath



Join the **6–Minute Walk for Breath**; A Nationwide Moment of Movement and Awareness for Pulmonary Hypertension. This **November 22, 2025**, be part of something bigger than a walk. Be part of a coast-to-coast connection for PH Awareness Month.

What Is It?

Inspired by the 6-minute walk test used to monitor pulmonary hypertension, the 6-Minute Walk for Breath is a powerful symbol of the daily strength and resilience of people living with PH. This isn't just about steps—it's about solidarity, support, and raising awareness.

Walk With Us, Your Way:

- *Join a Local Walk* in cities like St. John's, Halifax, Winnipeg, Regina, London, Ottawa, Vancouver, Edmonton—and more to come!
- *Host Your Own Walk* with friends, family, or your clinic—reach out and we'll help you get started.
- *Walk From Home* and join us virtually on Zoom for a shared national kickoff.

Walk Times Across the Country:

BC – 10:00 am

AB – 11:00 am

SK/MB – 12:00 pm

ON – 1:00 pm

ATL – 2:00 pm

NL – 2:30 pm

Why Walk?

Because no one should face PH alone. Whether you walk for a loved one, for yourself, or simply to raise awareness—you'll be standing with thousands of others across Canada in a moment that truly unites us.

Register Today

Visit our website, scan the above QR code, or stop by the donation table at the conference to register or learn more.

Canada is vast—but on this day, we walk together. Let's make this a true coast-to-coast connection!

Leadership Giving & PH Awareness Month



Have you heard about our Leadership Giving Circle?

Being a part of this elite group is more than recognition—it's reassurance. When patients see that you support PHA Canada, they see a champion for their health and humanity, someone committed to their journey.

PH can be isolating and frightening for those diagnosed. But when a patient sees that their physician recognizes and supports their struggle, it means more than words can express—it fosters connection, trust, and courage.

For you, it's a visible statement of leadership and compassion. It demonstrates that your practice or research is informed, empathetic, and aligned with innovative, patient-centred care. It tells your patients and colleagues that you are standing with them in the exam room and the broader fight against PH.

For more information on how you can join our Leadership Giving Circle, contact Shelley Grogan, Director of Development (sgrogan@phacanada.ca) – PHA Canada or visit the donation table at conference!

Are you ready to raise awareness?

Each November, the global PH community unites for PH Awareness Month, a time to raise awareness and highlight the need for earlier diagnosis, better treatments, and a cure. Patients, families, and advocates come together to emphasize the importance of recognizing and addressing this serious condition.

Learn more at www.phacanada.ca/PHAM



2026 PH Community Conference Vancouver, BC

We're excited to announce that the 2026 PH Community Conference will take place in beautiful Vancouver.

Stay tuned for more details!

www.phacanada.ca
info@phacanada.ca | 1-877-774-2226
Charitable Registration # 872050224RR0001