

End-of-Life Planning Resources

End-of-life planning is complicated, often raising new questions as you answer existing ones. Most of the rules and options available to you will be based on where you live. We have put together a list of organizations and websites to help guide you to those who can best answer your questions and support you in these important discussions.

Disclaimer: This article does not present an exhaustive list and is intended for informational purposes only.

Government of Canada

Provides information about end-of-life care, including palliative care and medical assistance in dying.

- Description and information about Palliative Care and medical assistance in dying
- Options available to those who are making end-of-life care decisions
- Provincial and territorial contact numbers and links

[Click here to visit their website](#)

Dying with Dignity Canada

The national human-rights charity is committed to improving the quality of dying, protecting end-of-life rights, and helping people across Canada avoid unwanted suffering. Resources include:

- End-of-life planning tips
- National Support Registry
- Resources and information about medically assisted dying and patients' rights

[Click here to visit their website](#)

The Canadian Hospice Palliative Care Association

The Canadian Hospice Palliative Care Association (CHPCA) is the national voice for Hospice Palliative Care in Canada. Its work includes public policy, public education, and awareness, advancing and advocating for quality end-of-life/hospice palliative care in Canada.

- Resources for patients and caregivers
- Directory of provincial Associations
- Grief and bereavement Repository: resources and links to services

[Click here to visit their website](#)

Canadian Virtual Hospice

The Canadian Virtual Hospice provides support and personalized information about advanced illness, palliative care, loss and grief, to people living with illness, family members, people working in healthcare, educators, and researchers. The Canadian Virtual Hospice is a division of the International Centre for Dignity and Palliative Care Inc., a registered charity.

[Click here to visit their website](#)

Advance Care Planning Canada

Highlights the latest news, updates, activities, and events regarding advance care planning (ACP) across Canada's advance care planning community. ACP Canada also offers a repository of resources and tools developed for professionals and patients/ individuals to assist them in making the appropriate decision regarding their end-of-life care.

- Living Well, Planning Well – toolkit summarizing the process of health care consent, capacity, ACP, and substitute decision-making in Canada
- ACP workbooks for each provincial/territorial jurisdiction
- Conversation starters
- Information and resources for choosing a substitute decision maker
- Resources for finding legal advice and navigating the different jurisdictions

[Click here to visit their website](#)

Financial Standards Planning Council

Financial Standards Planning Council is a not-for-profit organization that certifies financial planners in Canada. The Council can give you the names of certified financial planners, including elder planning counsellors in your community.

[Click here to visit their website](#)

The Estate Planning Council of Canada

A National Association of Professionals and Advisors is linked in the Estate Planning industry, providing valuable Estate Planning information and helping Canadians find Estate Planning professionals.

[Click here to visit their website](#)



**PULMONARY HYPERTENSION
ASSOCIATION OF CANADA**

**L'ASSOCIATION D'HYPERTENSION
PULMONAIRE DU CANADA**