



ACTION PLAN FOR PH PARENTS: INITIAL SCHOOL CONTACT

The following is a list of steps to consider when contacting your child's school to ensure all medical and academic needs are supported.

- Meet with school staff to educate them about PH. You will want to discuss the following: possible symptoms, how having PH could impact your child's education/school year, current medications, and what to do in a medical emergency.
- Request that an IEP (Individual Education Plan) be considered by school support staff.
- Discuss your child's safety plan with the school administration to ensure immediate action should it be required.

Resources to consider having for school staff

- **Introduction Letter** – A template letter provided by PHA Canada that can be personalized with your child's information.
- **Safety Plan** – A plan that you can personalize to help your child's school know how to handle common medical issues.
- **PH Clinic Letter** – Request a letter summarizing your child's medical condition and providing medical contacts for future inquiries. The letter should include your child's diagnosis, previous procedures/surgeries, current medications, and special alerts or considerations.
- **Medication List** – If you cannot get a letter from your child's medical team outlining their current medications, you can use the template provided in this package.
- **Drug Information Sheets** – You can find information sheets for all oral PH medications on PHA Canada's website. Only include those relevant to your child.
- **PH Information** – An information sheet is provided in this package. You can also direct school staff to visit our website for more information: www.phacanada.ca

This resource was developed by PHA Canada's Pediatrics Committee. Some of the information has been adapted, with permission, from materials created by PHA USA